

MENTORING THIS MONTH

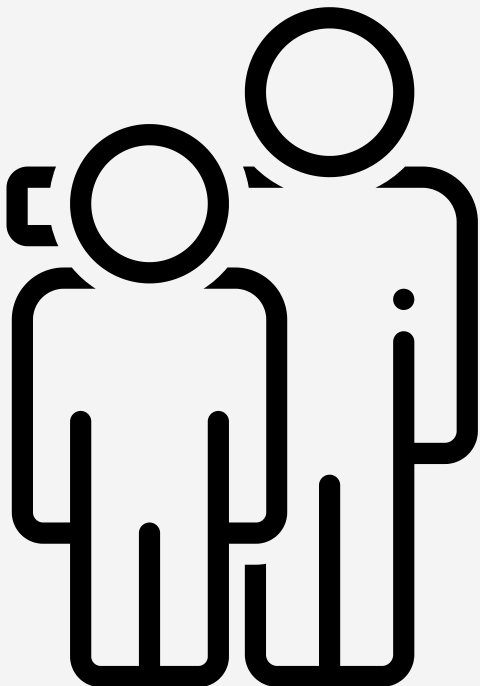
MAY 2023
VOLUME 2



May

Hello Mentors,

The school year ends for most students this month. Lots of events are happening at schools that should give you plenty to talk about. Summer plans, family vacations, and working are some common topics, but here are a few more to consider.



MAY DISCUSSION TOPICS

- Is there something in the future that you are worried about right now?
- When you are upset or stressed out, what do you do to help yourself calm down?
- Who is in your life that makes you laugh the most?
- Do you know what minimum wage is in Ohio? What do you think you need to make to support yourself as an adult?

REMHINDER

MENTOR REMINDERS

- Sign-ups for Solar Splash (6/7) are ongoing! A great opportunity for any student but especially those interested in STEAM.
- Mentors are still needed for the 2023-2024 school year. Consider sharing this opportunity with anyone who could be a potential fit. Dan Thaxton is happy to speak to any groups to tell the CP story.
- **Seniors Only:** 2023 College Decision forms are due NOW. An electronic version of the form is available. It will be sent to student via email.

OUTSIDE OF SCHOOL...

- **The Sophia Leaning Center** in Kettering has donated 10 free tickets to their skating party on June 8th. Contact Jenni for tickets.
- **Dayton Art Museum** is open Wednesday through Sunday. Discounted tickets are available.
- **Five Rivers Metro Parks.** There are too many things to list at every park, but here's a few:
 - Second Street Market
 - Free daily workouts at Riverscape
 - MetroParks Trail Challenge
 - Carriage Hill Riding Center
 - Adventure Central - Wesley MetroPark



LET'S GET MOVING

During the summer—while not required—you are encouraged to meet with your student when it's convenient for you both. An outdoor or physical activity is a great way to strengthen the relationship. Below are a few ideas:

Five Rivers Riverscape park (FREE):

Yoga@ 10am

May 20, June 10, June 24, July 15, July 22, Aug 5, Aug 19

Zumba @ 10am

May 13, June 3, June 17, July 8 , Aug 26

Air Force Museum Yoga (FREE)-

Mondays@ 4pm

May 22, June 26, July 31 and Aug 28

* Requires Advance Sign-up*

Other ideas: Food truck rallies, outdoor music venues (Levitt's Pavilion, Centerville music series, Austin Landing Fridays) Farmer's Markets, hiking and bike trails, Dayton Dragon's games (some include fireworks) and of course summer is a great time for college visits!