

MENTORING THIS MONTH

OCTOBER 2024 VOLUME 2, ISSUE 8



Welcome to the first official "autumn" edition of the 2024-2025 academic year. Although the calendar says it's October, with this unseasonably mild start to the fall, the weather says it's otherwise. As the days grow shorter, the temperatures will fluctuate and the leaves will eventually change colors and fall. Some things remain constant.



We are entering one of the most exciting and busiest times of the year these last three months of 2024. It's hard to believe that the holiday season is upon us, isn't it? And, take note as the first quarter will be quickly coming to a close in the coming weeks. As soon as we receive and evaluate grade reports, you'll see them in your inbox. Please be sure to discuss them with your scholar -- whether it will be kudos or a gentle nudge of encouragement.

It's no trick, but there will lots of treats as Jenni, Kyra and Patrick make their way to the majority of the MCOCP partner schools to touch base with freshmen, sophomores, and juniors. They will be in the buildings in October and the first week of November during all lunch periods. These visits, dubbed "Drive-through Mini Check-Ins," will provide scholars a brief moment to interact with MCOCP staff and tell them how they're doing. School liaisons will let students know about the visits, but please remind your mentee to drop in, say hello, and grab a snack!

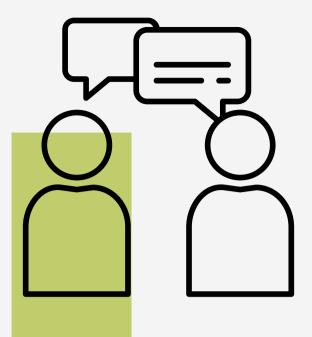


At your leisure, be sure to check out this issue, which is chock full of diverse articles, podcasts, and more. As always, there are many time-sensitive reminders too. If you're interested in general education, student mental health, college access, or college and career readiness topics, you'll find that in this edition. Until next month, happy reading, listening, and enjoying time spent with your mentee.









OCTOBER DISCUSSION TOPICS

- If you could change one thing about your appearance, what would it be and why?
- What's a good attitude? A bad attitude? Who or what determines your attitude?
- What do you want to do professionally when you finish high school?
- If you had to live on an island by yourself, what three things would you bring?

(**Sources for some questions:** Family Talk game and Dayton Children's On Our Sleeves® conversation starter cards.)

For more information about the On Our Sleeves® initiative, visit:

- https://www.onoursleeves.org/
- https://www.onoursleeves.org/mental-wellness-tools-guides/conversation-starters
- https://www.childrensdayton.org/onoursleeves
- All-Class Mentors: Several mentors have inquired about where to find the Youth Transportation Release Form. It can be found at either of these links: https://mcocp.org/content/mcocp.org/mentoring/#become-mentor (under the Resources heading) or https://mcocp.org/content/uploads/2019/10/Youth-Transportation-Release.pdf. Please be sure to download this document for future use. Also, remember that if you transport your mentor, you'll need to return a copy of this form -- prior to each event -- to Jenni and/or Kyra. It will be included in your mentee's files.
- All-Class Mentors: During the Q1 Mentor Roundtable, Patrick shared that Level All, "a college and career readiness platform designed to improve postsecondary outcomes for people on all journeys, has partnered with Montgomery County Ohio College Promise to give their platform to members of our community for free." Additionally, "their mission is to minimize potential barriers to access and opportunity and in doing so, create a Level playing field for All. On their platform you can find content on high school and college success, career exploration and preparation, financial literacy, life skills, and more," said Patrick. Get a brief introduction to Level All at https://www.levelall.com/at-a-glance.
- All-Class Mentors: Be sure to join us for the Q2 Mentor Roundtable on Thursday, 11/7/24 from 3-4 p.m. This is your opportunity to meet with other mentors, learn about program updates, and share your mentoring experience with your peers. Level All representatives will be on hand to discuss their program and how they will be working with MCOCP. Join the Zoom Meeting here: https://us02web.zoom.us/j/86133459429?
 pwd=OBuirAJ3gbEg9huCrEetT9wdBhdOkn.1 (Meeting ID: 861 3345 9429; Passcode: 338548)
- All-Class Mentors: The Greater Dayton College & Career Fair, hosted by Wright State University at the WSU Nutter Center McLin Gymnasium, will take place on Tuesday, 10/22/24 from 6:30-8 p.m. Participants should register at this link: https://app.strivescan.com/registration.

All-Class Mentors: The National Conference for Community & Justice of Greater Dayton (NCCJ) will hold

- its Fall 2024 Anytown Youth Leadership Retreat from Friday, 11/15/24 through Sunday, 11/17/24. It is free and open to high school students, but they must register on the website, https://nccjgreaterdayton.org/anytown/. Registration is open now. Per the website: "Anytown Youth Leadership Retreat is our twice annual weekend long program taking place over a weekend each fall and spring. During the weekend, delegates (participants) from across the Miami Valley come together to engage in conversation and education about leadership and allyship. At our Retreat, activities focus specifically on building real life skills that can be used to inspire social change." In need of more information? Email youth@nccjgreaterdayton.org or call 937.222.6225. Also, see the flyer attachment in this month's Mentoring This Month email.
- Senior Mentors: Although the formal release of the 2025-2026 FAFSA (Free Application for Federal Student Aid) has been delayed until 12/1/24, students <u>AND</u> their guardian/parent should request their individual FSA IDs now so that they will have it on hand prior to completing the FAFSA. They can do so at this link: https://studentaid.gov/fsa-id/create-account/launch. Please remind your scholar about this crucial step.
- Senior Mentors: Senior MCOCP Scholars should attend the Flyer Promise Overview Night on Thursday,
 October 24th, from 6:30-8:30 p.m. Register for the event using this link:
 https://events.udayton.edu/en/Hu1Iu7R7/flyer-promise-scholars-college-promise-night-5a37Un2LUpx/overview. Jenni can provide additional insight, if needed.



October Fun Facts and Dates to Remember

Halloween and all of its thrills may be the main attraction during October, but there's so much more to the month. October focuses on very serious issues. It is National Breast Cancer Awareness Month, National Bullying Prevention Month, and National Disability Employment Awareness Month, to name a few. Below, find some other dates to celebrate.

- Sweetest Day, 10/19/24
- Clean Up the Earth Day, 10/22/24
- World Pasta Day, 9/25/24
- National Chocolate Day, 10/28/24

OUTSIDE OF SCHOOL...





Below, please find some suggested ideas for activities to do with your mentee in the coming weeks. These links provide a more comprehensive listing:

- https://www.daytonlocal.com/things-to-do.asp
- https://www.dayton.com/events/#/
- https://downtowndayton.org/things-to-do/
- https://www.daytoncvb.com/things-to-do/
- https://dayton937.com/
- https://dayton.bibliocommons.com/v2/events
- https://www.metroparks.org/programs-events-finder/
- Scene 75 Entertainment Center, Dayton -- Ongoing
- Sky Zone Trampoline Park, Dayton -- Ongoing
- National Museum of the United States Air Force -- Ongoing
- Skateworld of Vandalia or Skateworld of Kettering -- Ongoing
- Merry Grinchmas: Art of Dr. Seuss' Holiday Classic & (B)ART! America's Funniest Animated Family Special Exhibition at the Dayton Art Institute -- 10/26/24 through 1/19/25
- Front Street Halloween Market -- 10/20/24, 11 a.m.- 4 p.m.
- Teen E-Sports, Main Library Branch -- 10/21/24, 4-5 p.m.
- Wonderful Women of the Miami Valley History Series at The Dayton Woman's Club -10/24/24, 5-7 p.m.
- Pumpkin Painting, Main Library Branch -- 10/30/24, 3-5 p.m.





NEWS YOU CAN USE

FAFSA & Financial Aid

https://www.usnews.com/education/articles/19-questions-college-financial-aid-officers-wish-parents-would-ask?
 utm_campaign=Daily%20Newsletter&utm_medium=email&_hsenc=p2ANqtz-8547aeV3eACCKVMTDrYpyx7_T0rjGqGR KFOFvLh8fieYCv67ePdzoDOoltRWV0WIGz_hfli5zzoOLcBnl7_mEU68RBA&_hsmi=324795858&utm_content=324795858&utm_source=hs_email

College Access & Success

- https://www.usnews.com/education/best-colleges/articles/what-students-should-know-about-college-ombuds?
 utm_campaign=Daily%20Newsletter&utm_medium=email&_hsenc=p2ANqtz-_Yx-JxcetJD7C_RiO_8HWhzhHh2zg5FknqSGxoF-cBp829Cs4S7GcZnZ2drtphf6uC-DERBdAAAm_2DctqEhtel.OJ3gQ&_hsmi=323435256&utm_content=323435256&utm_source=hs_email
- https://www.edsurge.com/news/2024-08-14-a-fifth-of-students-at-community-college-are-still-in-high-school?
 utm_campaign=Daily%20Newsletter&utm_medium=email&_hsenc=p2ANqtz-9EL-vgP70Nzlbv77enNHQ7zTRCNR77V8RKvPiilM7axzRMWaq6gvWFIBS_ON-6cCrGWT_w-W0VDDuwr0Bi6KYFEez2dA&_hsmi=320387557&utm_content=320387557&utm_source=hs_email

College Value & Affordability

• https://www.diverseeducation.com/students/article/15682039/report-parents-of-prospective-college-students-worry-about-cost-and-safety

College & Career Readiness

 https://www.forbes.com/sites/christinecruzvergara/2024/08/26/higher-education-is-worth-it-but-colleges-must-do-more-for-their-grads/? utm_campaign=Daily%20Newsletter&utm_medium=email&_hsenc=p2ANqtz-_vNKWMCce1MBmoacDHIJCdxins3-hDVTJuEeJv7gu4roRQSn3chVerm3lBr_Kb32C0F7megewkX-GN07FN0xCtj7mUhw&_hsmi=322046766&utm_content=322046766&utm_source=hs_email

General Education

- https://www.usnews.com/education/articles/how-to-get-food-stamps-in-college?utm_campaign=Daily%20Newsletter&utm_medium=email&_hsenc=p2ANqtz-_rihMyQZ5RY_2BoMzmPkgRbV8iHFnaESMrncrj2HEorohjU0FwJE0voxUmB30FjB3qX8IMEATkrgso7fs6wvcCzYMrSA&_hsmi=324317949&utm_content=324317949&utm_source=hs_email
- https://www.diverseeducation.com/students/article/15684259/proposed-legislation-would-create-program-to-support-students-basic-needs?
 utm_campaign=DIV24%20DAILY%20SEPT.%2016%20-%20SEPT.%2020%20FINAL&utm_medium=email&utm_source=Eloqua

Student Mental Health

 $\bullet \ \ \, \underline{https://www.daytondailynews.com/local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-mental-health-problems/AZKW52FZBNGPXL44B3ZKKIQSEM/Local/kids-in-crisis-more-of-ohios-youth-are-struggling-with-more-of-ohios-youth-are-struggling-with-more-of-ohios-youth-are-struggling-with-$

Podcasts & Interviews

- Admissions Beat: "Keep Calm and Carry On: A Prologue to the New Admissions Season" <a href="https://castbox.fm/episode/Keep-Calm-and-Carry-On%3A-A-Prologue-to-the-New-Admissions-Season-id4657195-id737642505?utm_campaign=a_share_ep&utm_medium=dlink&utm_source=a_share&country=us
- Application to Admission: "Parenting, rankings, and Testing with Akil Bello" <a href="https://castbox.fm/episode/Episode-50---Parenting%2C-Rankings%2C-and-Testing-with-with-with-Akil-Bello-id5064078-id737719532?utm_campaign=a_share_ep&utm_medium=dlink&utm_source=a_share&country=us
- Admissions Beat: "Start Your Engines: Accelerating from Discovery to Application" <a href="https://castbox.fm/episode/Start-Your-Engines%3A-Accelerating-from-Discovery-to-Application-id4657195-id739424934?utm_campaign=a_share_ep&utm_medium=dlink&utm_source=a_share&country=us
- Admissions Beat: "The Essay: The Fine Art of Telling Your Story" https://castbox.fm/episode/The-Essay%3A-The-Fine-Art-of-Telling-Your-Story-id4657195-id7411787257 utm_campaign=a_share_ep&utm_medium=dlink&utm_source=a_share&country=us





- https://www.levelall.com/
- https://www.bottomline.org/